

KINDNESS JAR OF LOVE AND APPRECIATION

What you will need:

A jar, box or anything to put your pieces of paper in.

Paper and pens.

Glue or tape if you have some.

How to build it:

Cut up the paper into small pieces in any shape that you like.

Write one thing that you love or appreciate about the person you are making this for.

Fold it up and put it in the jar.

Design a label for the front and stick it down then wrap it up and give it to them.

Idea:

If you can think of 52 tickets then the person receiving your gift can pick one a week for a year. The gift that lasts a whole year!

**ALL AGES
ACTIVITY**

TICKET IDEAS

I love you because...

You make my favorite meal

You understand me

You tell bad jokes

You drive me places

You play games with me

You make me laugh

You cheer me up

You inspire me

You cry at films

EXTRA IDEAS

Swap some of the tickets for vouchers.

Hide an extra special letter or message in the jar as a surprise.

VOUCHER IDEAS

I will wash the car

I will mow the grass

I will walk the dog

I will tidy the kitchen

I will cook tea

You can watch whatever you want on TV

I will clean the bathroom

You can have my desert